

Longmont Adoption Support Group

First Lutheran Church, 803 3rd Ave., Longmont, CO
Our families have adopted both locally and internationally. We meet on the 2nd Friday of every month, with a potluck followed by a "meeting." Childcare is provided. We have open discussion, with topics ranging from the "terrible twos" to mental health issues to attachment disorders. It's a great chance for adoptive parents to connect.



Sarah Beasley 303-835-8058 sarah.beth@rocketmail.com

National Alliance on Mental Illness — Boulder County

1333 Iris Ave., Boulder, CO 80304

www.namibouldercounty.org

This grass-roots advocacy group provides training, information, support, and advocacy for those who struggle with mental illness and their families. Free classes available; call for details.

Ann Taylor 303-776-3199 aetyada@msn.com

Wellspring Ministries

www.wellspring1.wordpress.com

Wellspring is a ministry for deepening and growing the believer's walk with God. One of the cornerstones of this ministry is to set people free to dwell in the presence of God.

Scott Toillion 303-772-5241 toillion@juno.com



Ways You can
Serve on
Your Journey

*"How wonderful it is that nobody
need wait a single moment
before starting to improve the world."
— Anne Frank*

Many Ways to Serve

You can help to spread the love of Christ within or beyond the walls of The Journey. Listed below are several ways to get involved, as well as Journey members to contact for more information. They would be happy to talk to you about their experience and about ways to get involved.



Inside The Journey

Children's Ministry (Nursery, toddlers, preschool, K-5)

Minister to, love on, and teach children on Sunday mornings, once or twice a month. No experience necessary!

Katja Shutes 303-459-0464 katja@shutes.com

Middle School & High School Youth Groups

Help plan activities and lessons, mentor, and just have fun with adolescents.

Paul Vanderveen (MS) 303-774-6336 vanderveen@highplanes.com

Chris Wright (MS) 303-324-8481 koloyz@gmail.com

Ryan Timmerman (HS) 720-244-3830 jerkie84@yahoo.com

Worship Team (Vocal, Instrumental Music, and AV Technology)

Participate in Wednesday evening Bible study, worship, and rehearsal time; provide musical leadership or behind-the-scenes support for Sunday morning worship.

Brenson Reed 817-320-9784 brensonreed@yahoo.com

Facility Team

Help keep our facility clean and welcoming; help once a year, once a month, or more often by dusting, vacuuming, washing windows, weeding, or other jobs.

Christi Deeter 303-678-9382 randyd54@msn.com

Hospitality Ministry

Make coffee and organize snacks for Sunday morning worship to help provide a warm welcome, or deliver meals, organize baby showers, or provide other assistance to people in our church family.

Alia Fisher 303-485-0006 alia.fisher@hotmail.com

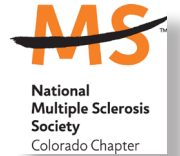
Multiple Sclerosis Society

900 S. Broadway, 2nd Floor, Denver, CO 80209

www.nationalmssociety.org

Ride, walk, or sponsor others to raise funds toward a cure for this debilitating disease.

Muffie VanAndel 303-444-7036 margaret.vanandel@gmail.com



GROUPS & ACTIVITIES

Ascending Leaders

www.ascendingleaders.org

Receive training and support designed for leaders and those who want to be leaders.

Gwen Ebbers 303-682-1349 gwenbe@ecentral.com



Blue Sky Velo (Bicycling Club)

www.blueskyvelo.com

Join the club for mountain biking, road riding, race teams, and triathlons.

Kevin Van Pelt 303-651-9422 khvanpelt@msn.com



Boulder County Mothers and More

www.meetup.com/Mothers-More-Boulder-County

Mothers & More is a non-profit organization dedicated to improving the lives of mothers through support, education and advocacy. We address mothers' needs as individuals and members of society, and promote the value of all the work mothers do. We meet every 3rd Monday of the month for a topic-oriented meeting and other events throughout the month.

Rebecca Rowley 720-494-8524 rebeccasteven07@msn.com



Families Anonymous

A completely free, 12-step program patterned after AA, Families Anonymous is primarily for parents with children of any age who have substance abuse issues (either drugs or alcohol).

Linda Lulkoski lindalulkoski@comcast.net

Rocky Mountain Christian Academy

9447 Niwot Rd., Niwot, CO 80503

www.rmcaonline.org

Volunteer at this school to help provide quality classical and Christian education for students, ages 13 months to 8th grade.

Barb Bulthuis 303-682-9042 bjbulthuis@gmail.com



Upward Basketball and Cheerleading

9447 Niwot Rd., Niwot, CO 80503

www.rmccupward.org

Coach, officiate, or help with this sports outreach program hosted at Rocky Mountain Christian Church.

Connie Nourse 303-501-2885 sciencecoach31@yahoo.com

INTERNATIONAL MINISTRIES

Good Shepherd's Fold — Ugandan Orphanage

Box 1281, Jinja, UGANDA

www.goodshepherdsfold.org

Pray for the children in this orphanage, sponsor a child's education and basic needs, promote the program in other community organizations, or even travel to Uganda to help with various projects!

Kevin & Heather Van Pelt 303-651-9422 khvanpelt@msn.com



OTHER SERVICE OPPORTUNITIES

HospiceCare of Boulder & Broomfield Counties

2594 Trail Ridge Dr. East, Lafayette, CO 80026

www.hospicecareonline.org

Provide care and support for patients and their families in the last weeks or days of life.

Eileen Howerzyl* 720-494-1592 ehowerzyl@comcast.net

Longmont Humane Society Foster Care

9595 Nelson Rd., Longmont, CO 80501

www.longmonthumane.org/getinvolved

Provide short-term care for animals who are ill, too young, or in need of special care until they can be placed for adoption.

Barb Bulthuis 303-682-9042 bjbulthuis@gmail.com



Finance Team

Provide oversight and assistance in managing The Journey's money wisely, evaluating needs and providing financial assistance, and accounting properly for donations and expenditures.

Mike Shutes 303-459-0464 mike@shutes.com

Good Sense Ministry

Learn for yourself and help train others in Biblical financial management.

Joe Van Andel 303-444-7036 joe.vanandel@gmail.com

Prayer Team

Receive training and be available to minister through prayer at worship services and at other times as needed.

Kevin Van Pelt 303-651-9422 khvanpelt@msn.com

Small Groups

Join a group focused on building community and strengthening relationships with God. Look in the weekly announcements for meeting times and locations.

Gretchen Wright 303-859-9798 comountainwoman@yahoo.com

Outside The Journey

God is already working in our community. Rather than duplicate efforts within the church, people in The Journey are involved in a wide variety of community ministries.

BASIC NEEDS & SERVICES

Bread Ministry

This informal ministry keeps bakery items out of the landfill and provides for many needy families. Volunteers pick up bakery items at local grocery stores three times/week and deliver them to The Journey (Sundays) or to those in need (other days).

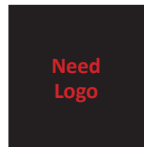
Gloria Whitcomb 303-651-9048 whitcombs@usa.com

Good News Center

1035 Coffman St., Suite 3, Longmont, CO 80501

Donate clothing, food, or money to help with this organization's basic needs services, or help distribute and/or deliver items to needy families in the Longmont community.

Gloria Whitcomb 303-651-9048 whitcombs@usa.com



Homeless Outreach Providing Encouragement (HOPE)

PO Box 756, Longmont, CO 80501

www.hopeforlongmont.org

Each evening of the year, a 2-person team from HOPE takes to the streets of Longmont to provide our homeless neighbors with life-sustaining basic needs support, as well as smiles, conversation, and the dignity we all deserve.

Troy Tengwall 303-960-8995 trtenger@hotmail.com



"Loneliness and the feeling of being unwanted is the most terrible poverty."

Mother Teresa

Christian Outreach and Emergency Shelters (CORES)

301 Main St., Longmont, CO 80501

www.christianshelters.org

Each year from October through April, The Journey participates in a rotation of churches that provides our homeless neighbors with emergency shelter during the harshest weather.

Troy Tengwall 303-960-8995 trtenger@hotmail.com



"Each one of them is Jesus in disguise."

Mother Teresa

Habitat for Humanity

825 3rd Ave., Longmont, CO 80501

www.stvrainhfh.org

Bring your hammer and help fulfill Habitat's dream of simple, decent housing for every family.

Joe Van Andel 303-444-7036 joe.vanandel@gmail.com



CHILDREN & FAMILY MINISTRIES

Boulder County Foster Care/Adoption

3400 Broadway, Boulder, CO 80304

www.bouldercounty.org/ss/adoption/Foster

Make a difference in the lives of vulnerable children in our community by opening your home short-term or forever.

Heather Van Pelt 303-651-9422 khvanpelt@msn.com



Boulder County Post-Adoptive Services

3400 Broadway, Boulder, CO 80304

www.bouldercounty.org/ss/adoption/Post_Adoption_Services

Support adoptive families in Boulder County through seminars and support groups.

Ted Bulthuis 303-682-9042 bulthuis@ecentral.com

Project 127

3651 S. Colorado Blvd., Englewood, CO 80113

www.project127.com

This ministry focuses on getting all of the foster care children in Colorado adopted into "forever families." They partner with churches, Colorado counties, and adoption agencies, provide the required state training in a Christ-based setting, and pay adoption costs.

Sarah Beasley 303-835-8058 sarah.beth@rocketmail.com



Longmont End Violence Initiative (LEVI)

225 Kimbark St., Longmont, CO 80501

www.longmontdomesticviolence.org

LEVI acknowledges that domestic violence is a serious and prevalent social problem affecting the quality of life in the City of Longmont. We desire to provide our residents with easy access to quality services as well as the tools to aid friends, relatives, and co-workers when signs of domestic violence exist.

Rick Ebbers 303-808-0728 grape@ecentral.com

